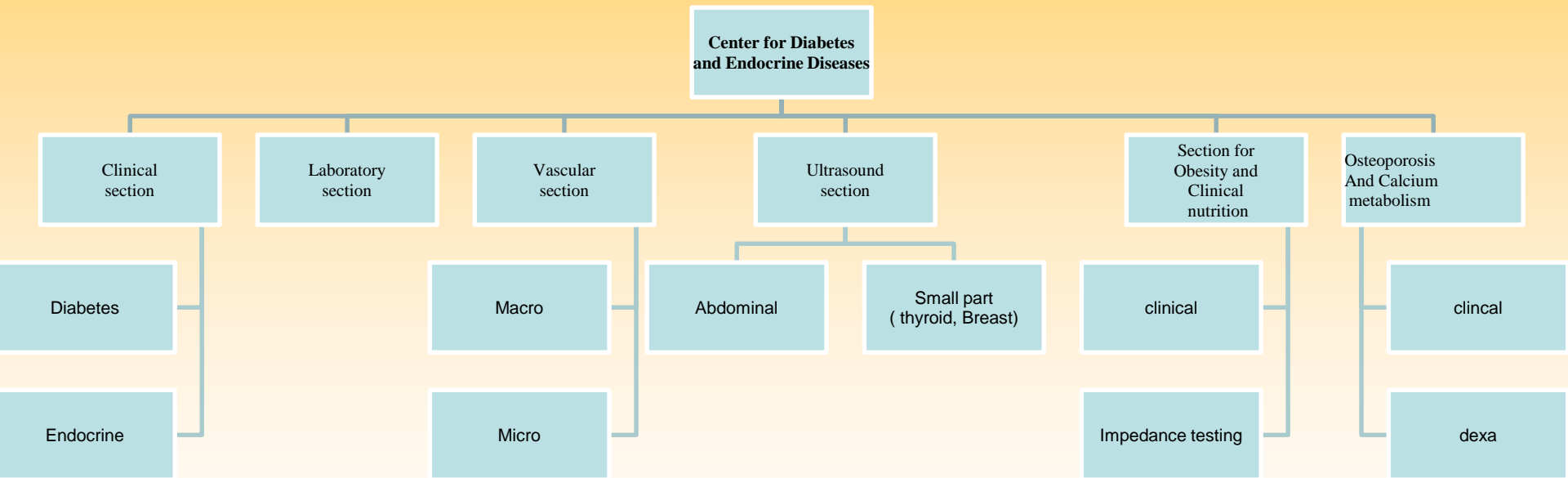


# **Study of the Diabetic ulcer**

**Vascular Medicine group  
Diabetes clinic  
Cairo University Hospital**

*Dina Shaheen and Aly El Ashmaui*

# Cairo University Center for Diabetes and Endocrine diseases











# Diabetic foot

## Pathogenesis

**Large vessel disease**

**Small vessel disease**

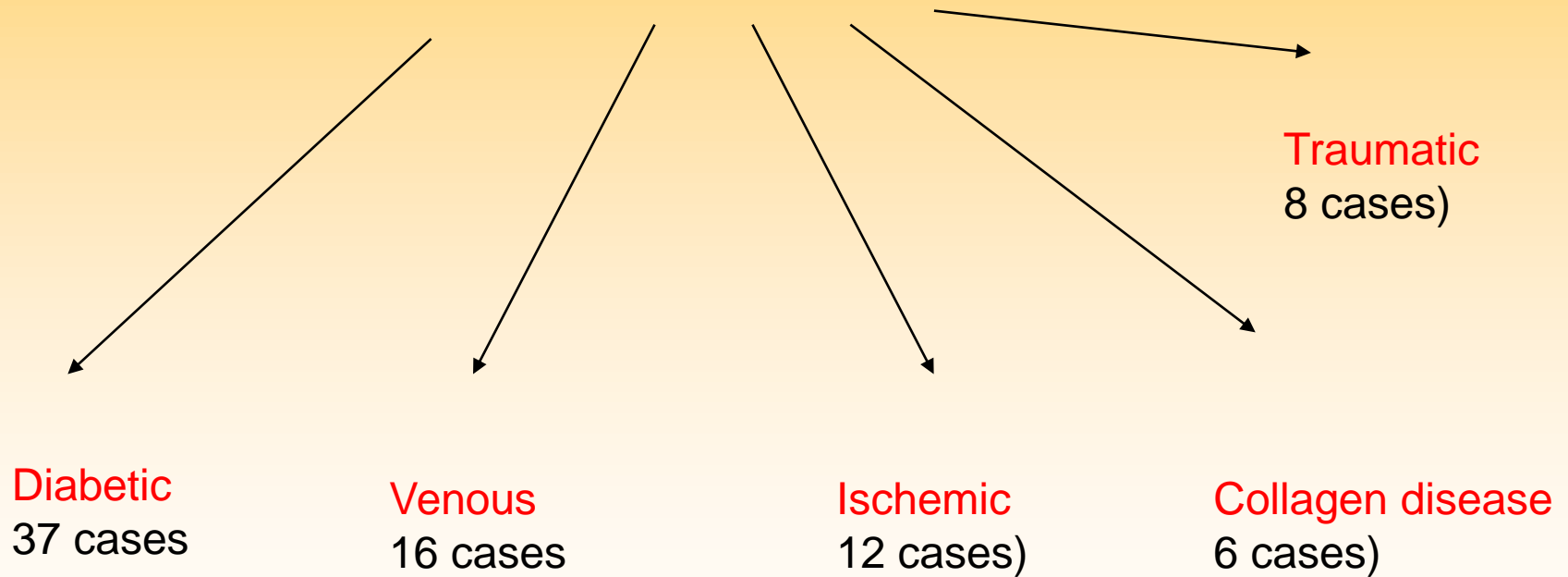
Digital  
Capillaries

**Infection**

**Neuropathy**

**Vascular Medicine group  
Diabetes clinic  
Cairo University Hospital**

**Microcirculatory evaluation of Ulcers**





# Adopted Protocol

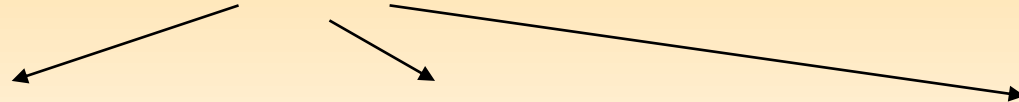
Clinical evaluation



Ankle Brachial indices  
Segmental pressure study  
Colored Duplex evaluation



Digital plethysmography



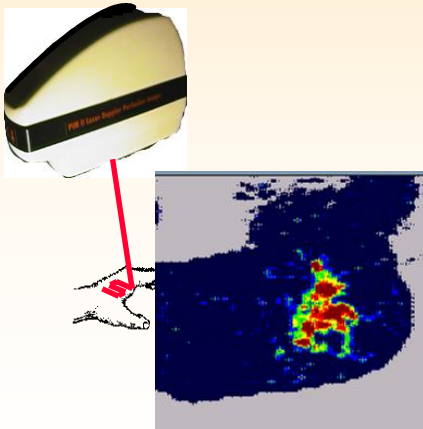
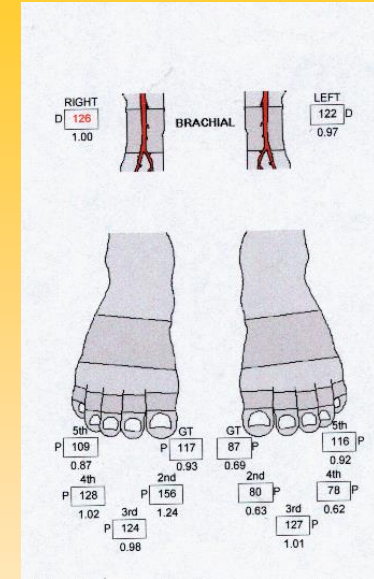
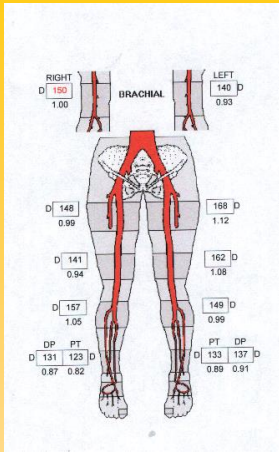
Laser Doppler scanning

Transcutaneous O<sub>2</sub>

Nerve conduction



Follow up by same procedures  
Whenever possible



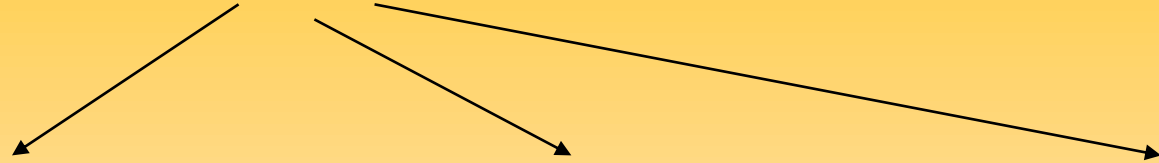
## **Exclusion criteria for Diabetic ulcers**

1- Large vessel disease

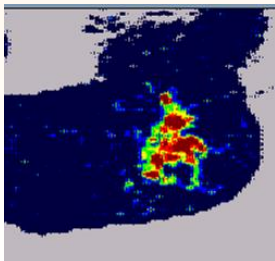
2- Digital artery disease

# Phase one of the study

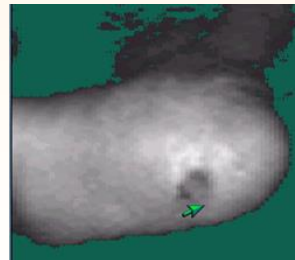
## Evaluation of the characteristics of Diabetic ulcers



**The capillary  
Flow at the base  
Of the ulcer**



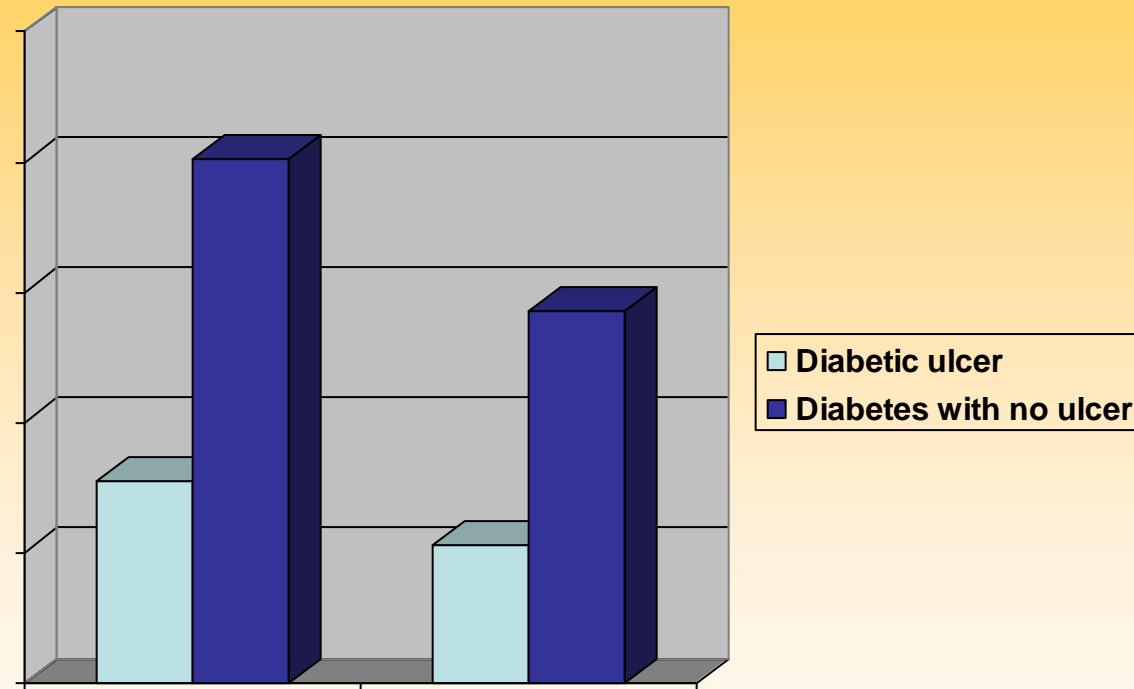
**The oxygenation  
of the skin At the edge  
of the ulcer**



**The capillary flow  
At the edge  
of the ulcer**

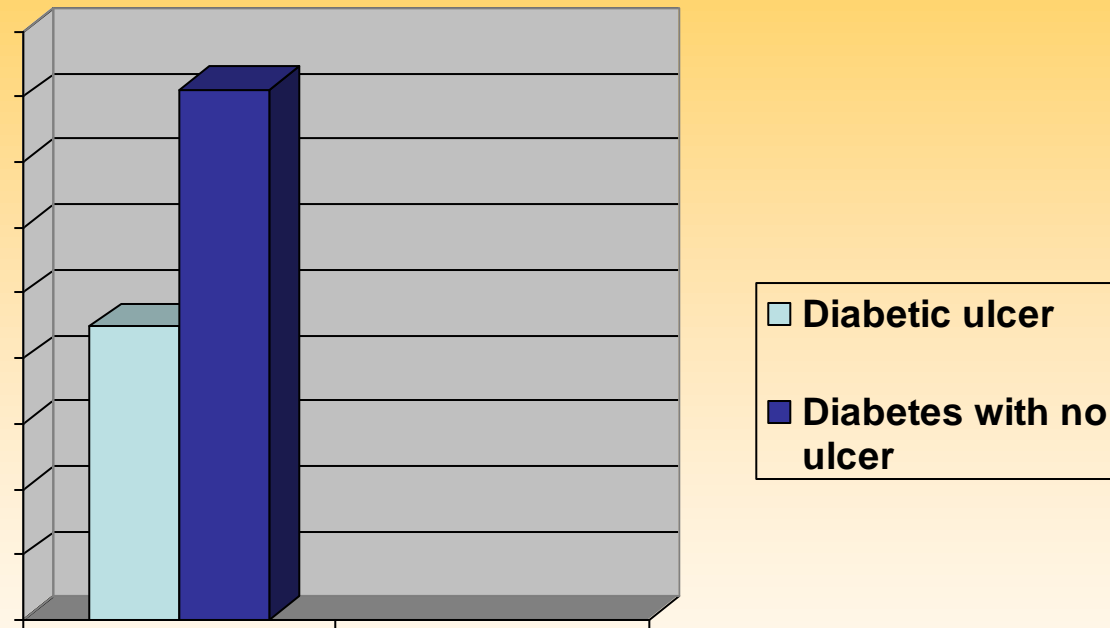


# Laser Doppler flowmetry in Diabetic patients with and without ulcer



P = 0.006

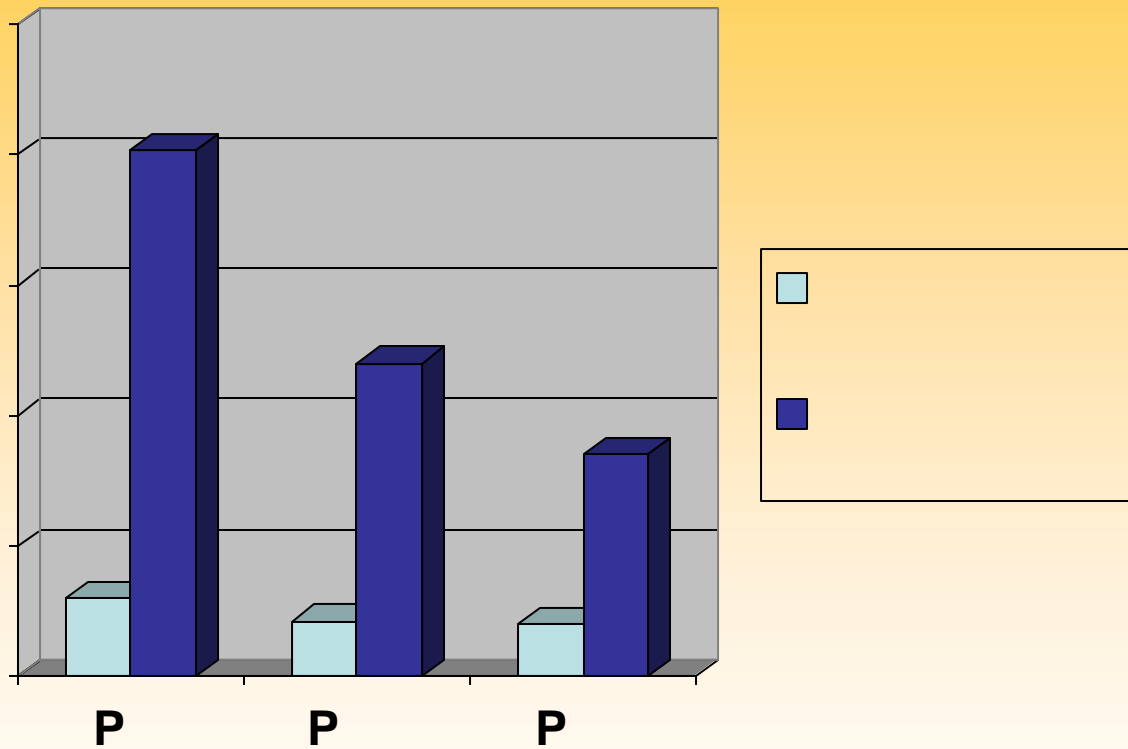
# Transcutaneous O<sub>2</sub> in Diabetic with and without ulcers



O

P = 0.02

# The Power of Vasomotion in diabetic With and without ulcers



P Value P5= 0.04  
P10= 0.01  
P 15 = 0.001

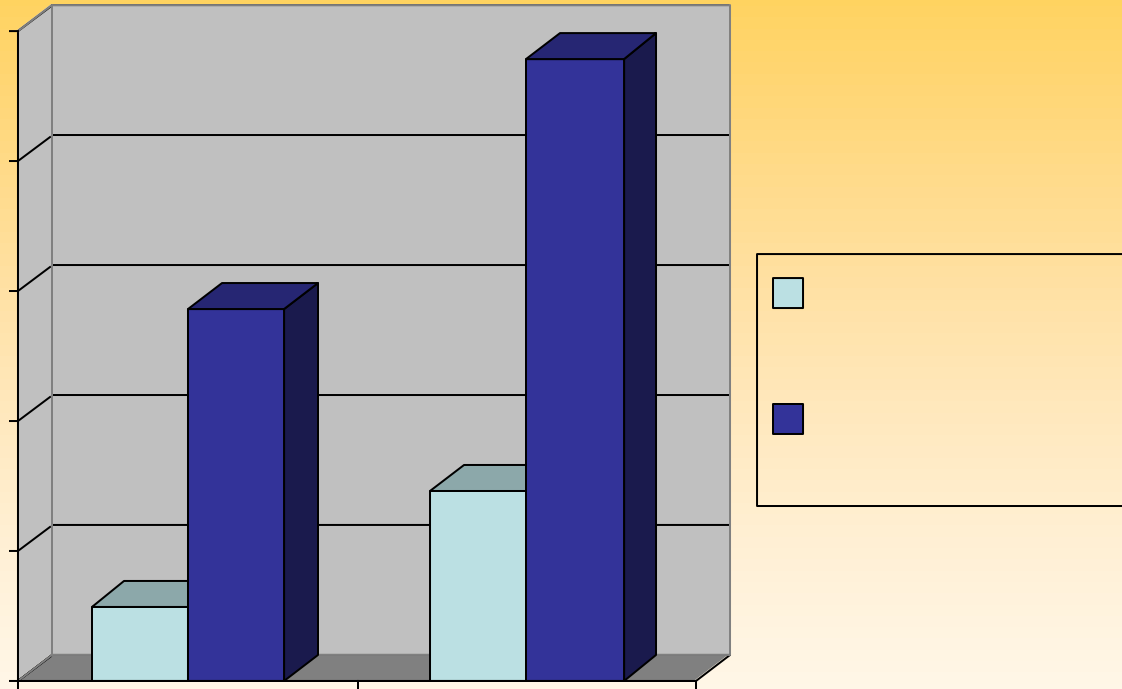
## Correlation with Laboratory Data

**No Correlation** was found between Capillary flow or transcutaneous O<sub>2</sub>  
On one hand and

- 1- Fasting Blood Sugar
- 2- Postprandial Blood Sugar
- 3- Blood Urea
- 4- Blood creatinine
- 5- Hemoglobin level
- 6- Duration of diabetes
- 7- Systolic blood pressure
- 8- Diastolic blood pressure

# Laser Doppler flowmetry in diabetic ulcers

## With and without smoking



P Value 0.04



# **In conclusion**

***Patients with diabetic ulcers have:***

- 1- lower skin perfusion
- 2- Lower Transcutaneous O<sub>2</sub>

***Compared with diabetic with no ulcers***

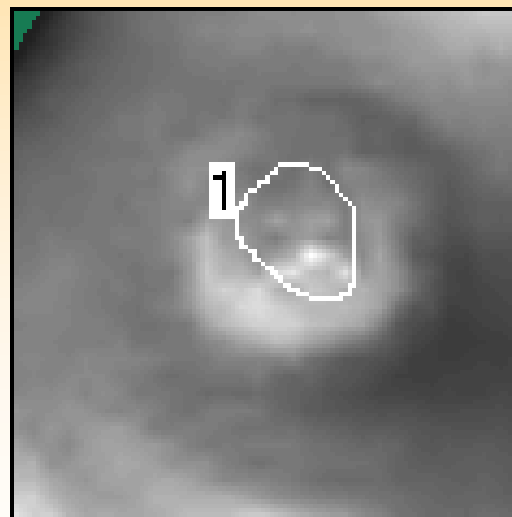
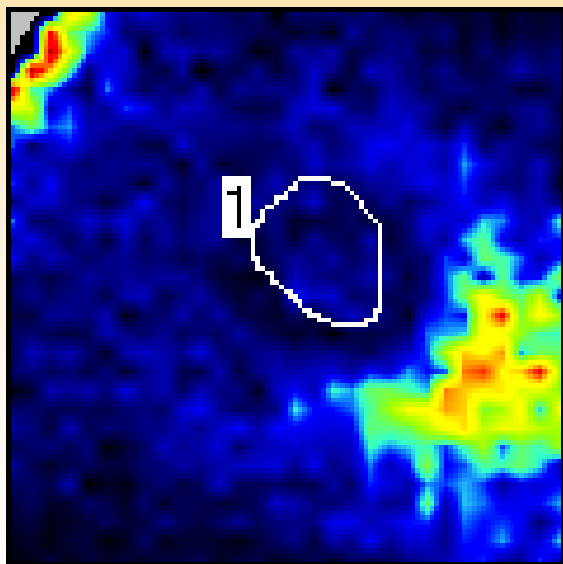
***These changes were not related to:***

- 1- Level of blood sugar
- 2- Level of blood pressure
- 3- Level of hemoglobin
- 4- Renal function
- 5- Duration of Diabetes

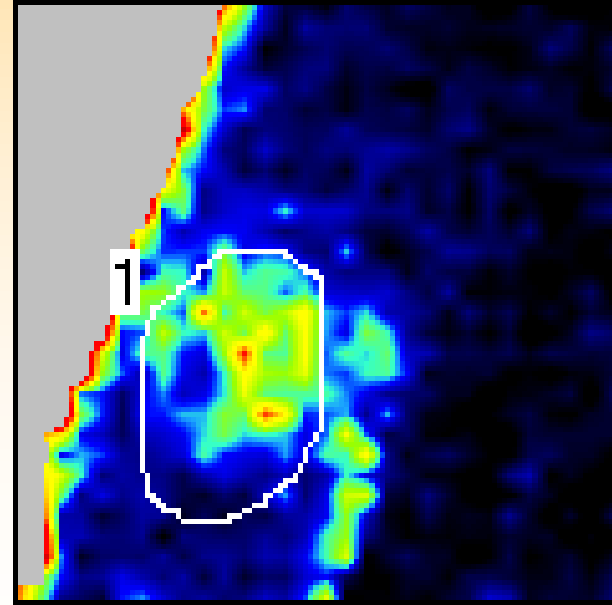
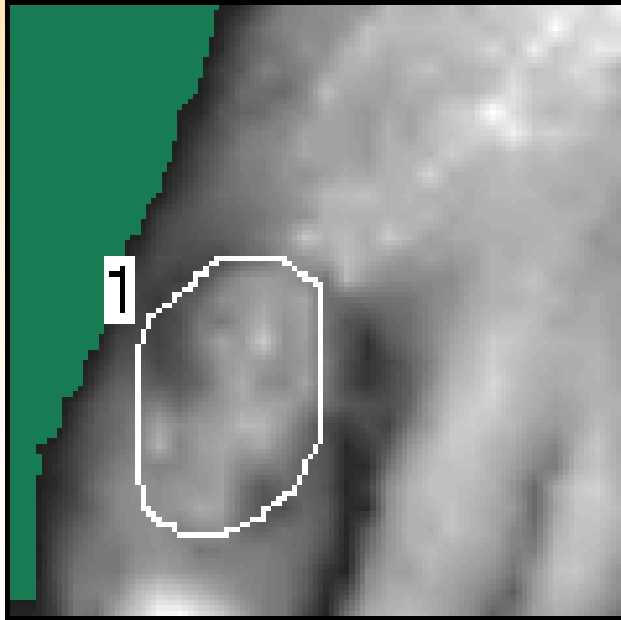
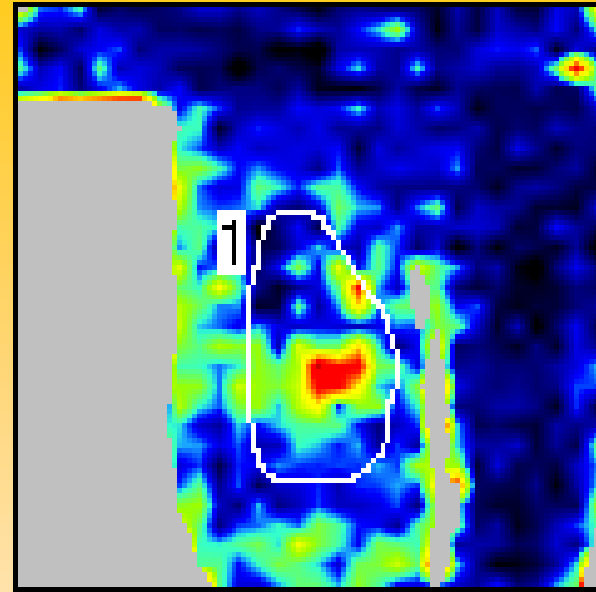
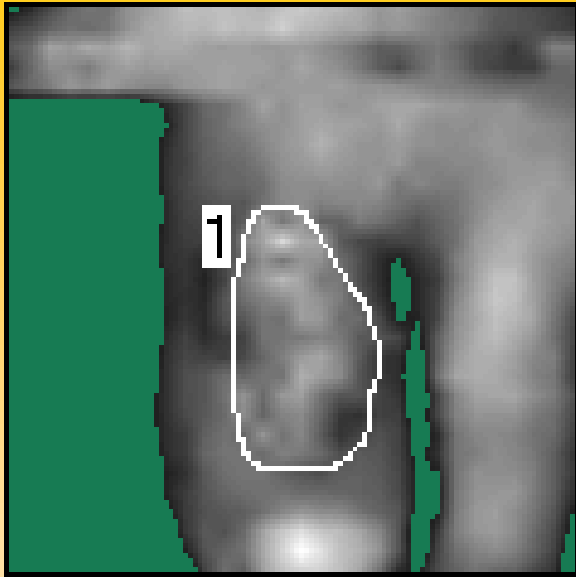
## **Phase two** of the study

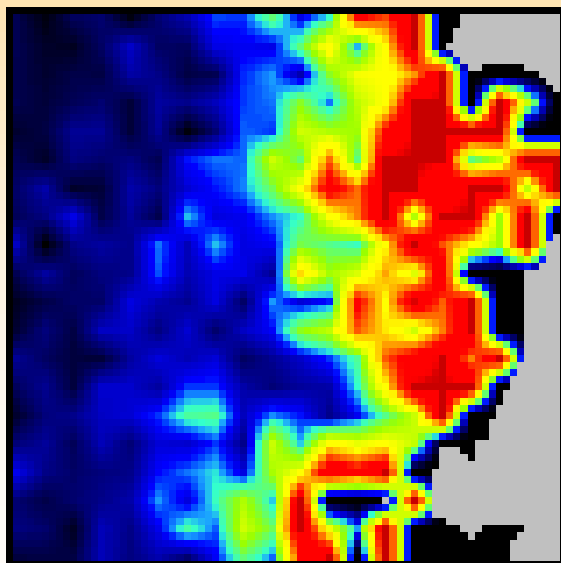
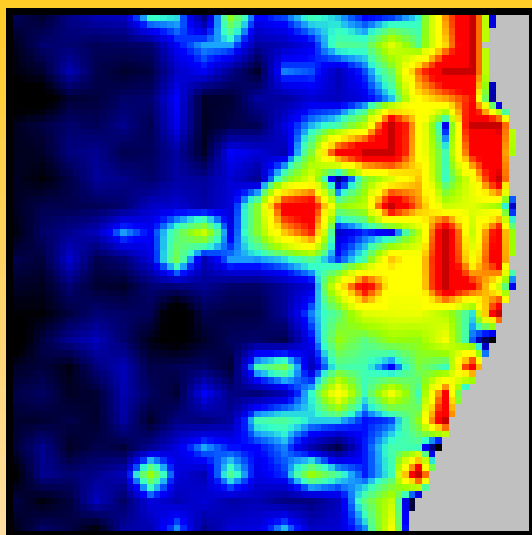
**Follow up of some cases to determine prognostic criteria**







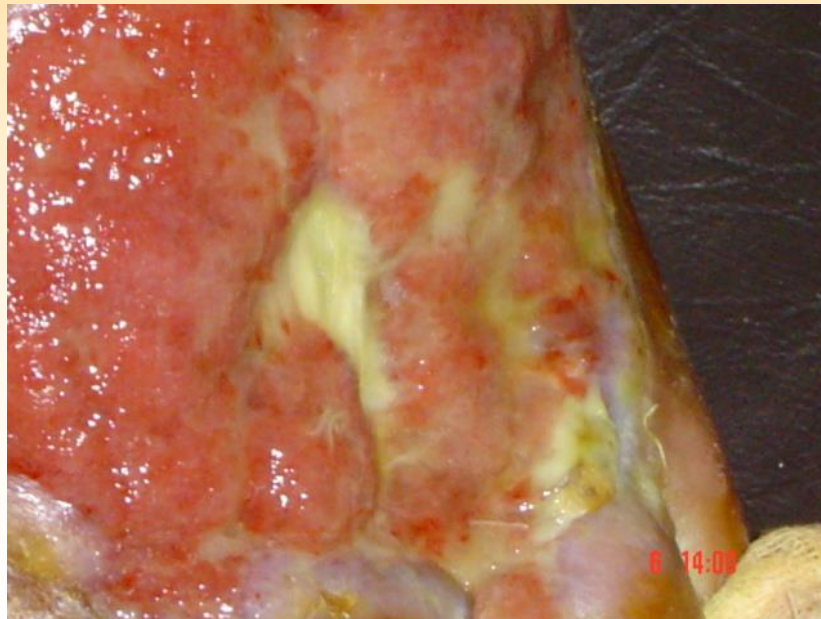


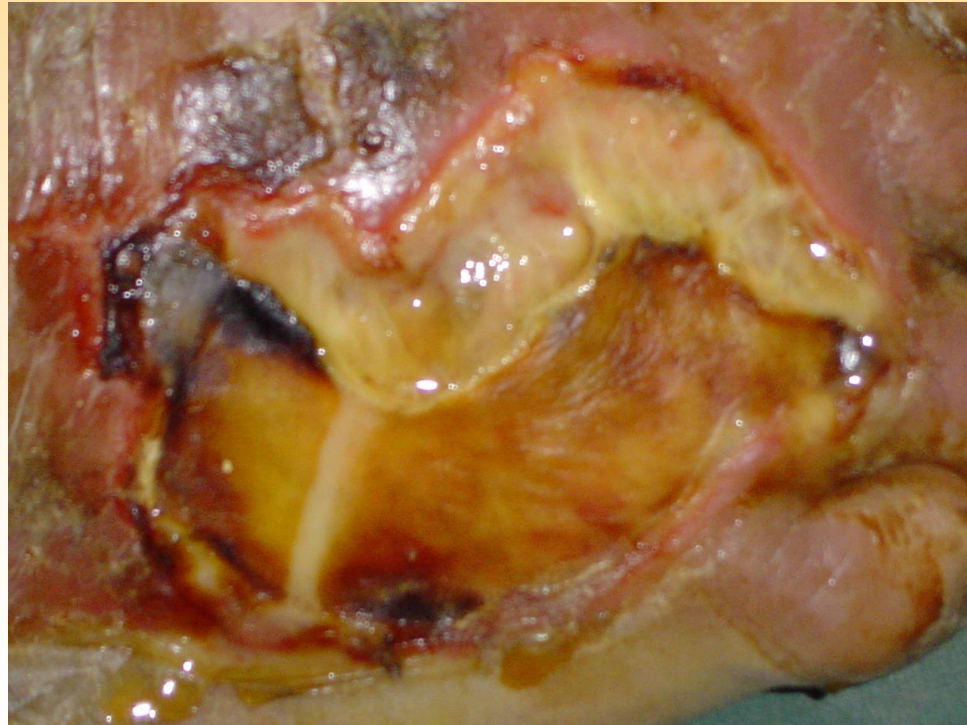












## Case Presentation

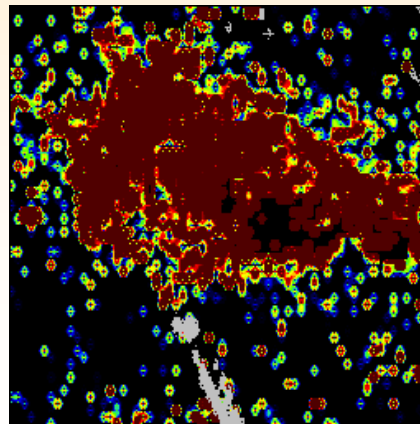
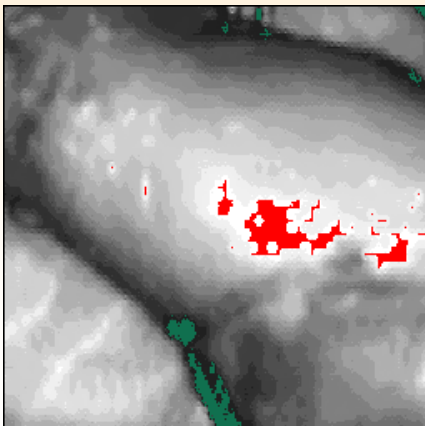
### Case

N.S  
25 year old female  
Traumatic ulcer ( car accident)  
6 months duration  
Smoker.

Ankle/Brachial index  
1.03

Digital plethysmography  
Normal

Laser Scanner



Transcutaneous O<sub>2</sub>  
89.16 mm Hg

**Complete healing in two weeks**

## Case Presentation

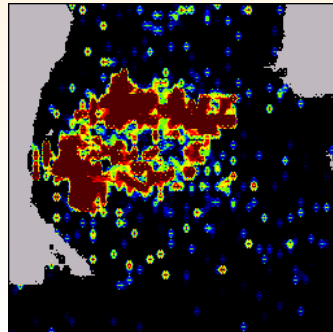
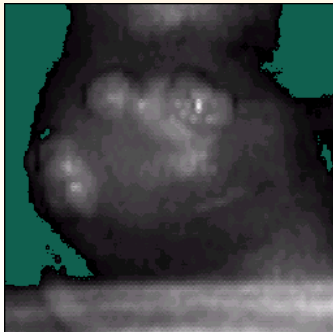
Ankle/Brachial index  
0.9

### Case I

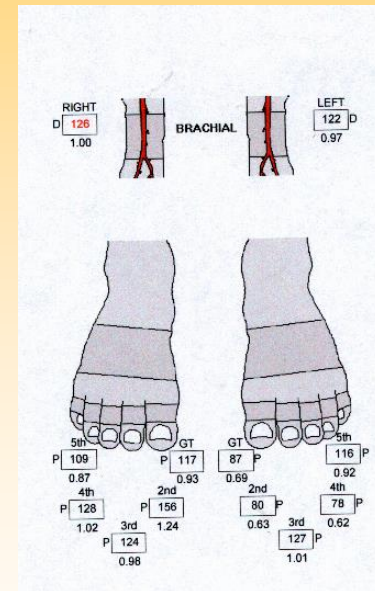
A.H.  
51 year old diabetic patient  
Insulin  
No smoking  
No hypertension  
Mall ulcer 5 months

Transcutaneous O<sub>2</sub>  
83.63 mm Hg

Laser scanner



Digital plethysmography  
Mild patchy affection



**Partial healing in 4 weeks**

## Case Presentation

### Case II

Ankle/Brachial index 1.0

W.A.

Female patient 46 year old

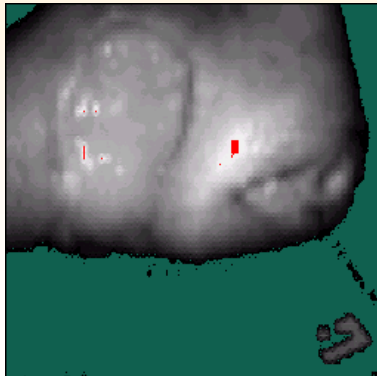
10 year diabetes

Insulin and oral

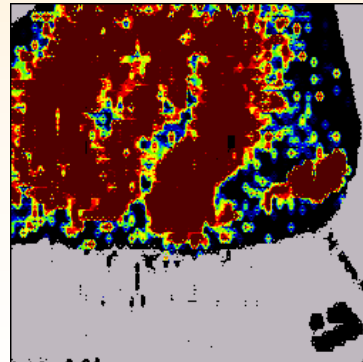
Smoker

Right posterior heel ulcer

Digital pethysmography  
Patchy affection



Laser scanner



Transcutaneous O<sub>2</sub>  
75.43

**Follow up partial healing  
after 3 weeks**

## Case Presentation

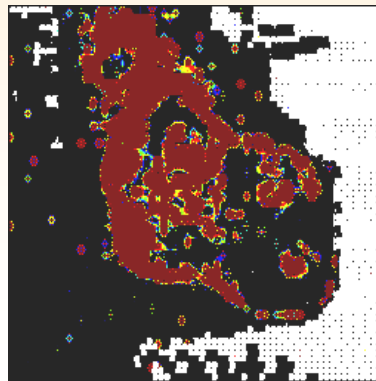
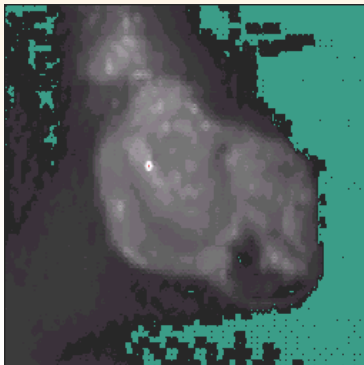
### Case III

A.M.  
62 year male  
11 year diabetes  
Insulin  
Left posterior heel ulcer  
Not smoker

Ankle/Brachial index  
0.9

Digital plethysmography  
normal

Laser Scanner



Transcutaneous O<sub>2</sub>  
11.3 mm Hg

**Amputation**

## Case Presentation

### Case IV

R.A

46 year male

Diabetic 11 years on oral

Not smoker

Hypoglycemic

Ulcer on the dorsum of toe

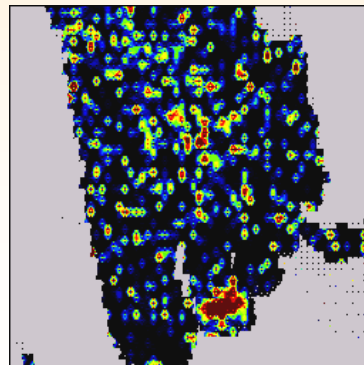
Ankle/Brachial index

1.1

Digital plethysmography

Normal

Laser scanner



Transcutaneous O<sub>2</sub>

46 mm Hg

**Complete healing in 3 weeks**



## Case Presentation

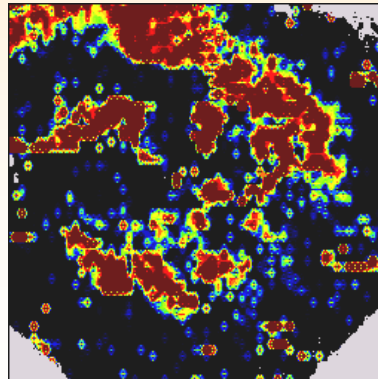
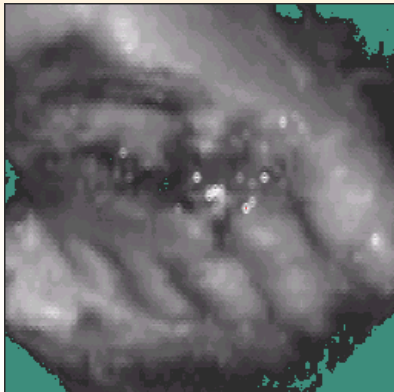
### Case V

S.A.H  
64 year Diabetic female  
Insulin  
Not smoker  
Ulcer on right sole of foot

Ankle/Brachial index  
0.97

Digital plethysmography  
Normal

Laser Scanner



Transcutaneous O<sub>2</sub>  
17.44 mm Hg

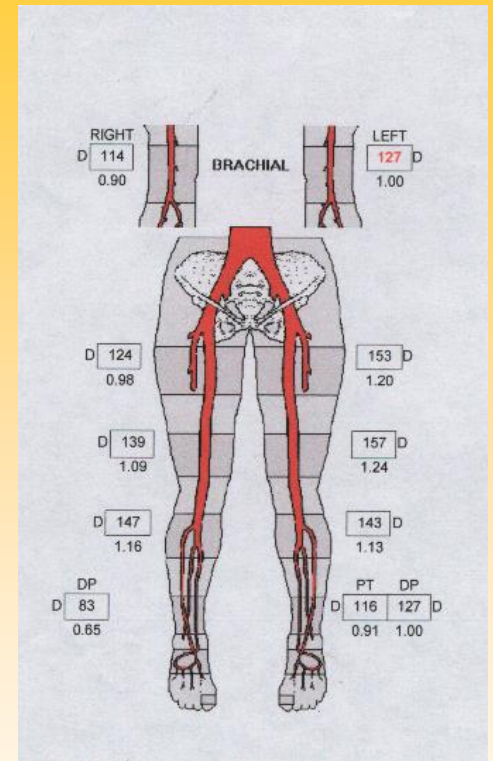
**Amputation**

## Case Presentation

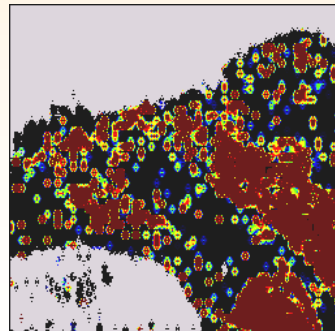
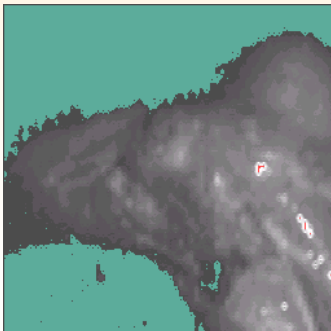
Ankle/Brachial index  
0.65

### Case VII

Y.A.M  
63 year old male  
Diabetic on Insulin  
Smoker  
Ulcer right medial malleolus  
and medial aspect of sole of right foot



### Laser Scanner



Digital plethysmography  
Diffuse digital affection

Transcutaneous O<sub>2</sub>  
61.55

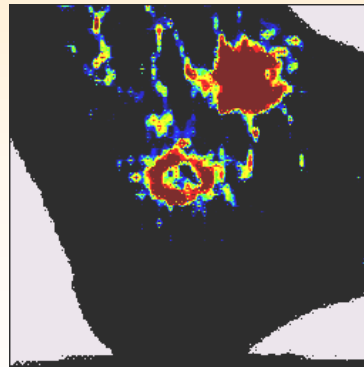
**Partial healing in 5 weeks**

## Case Presentation

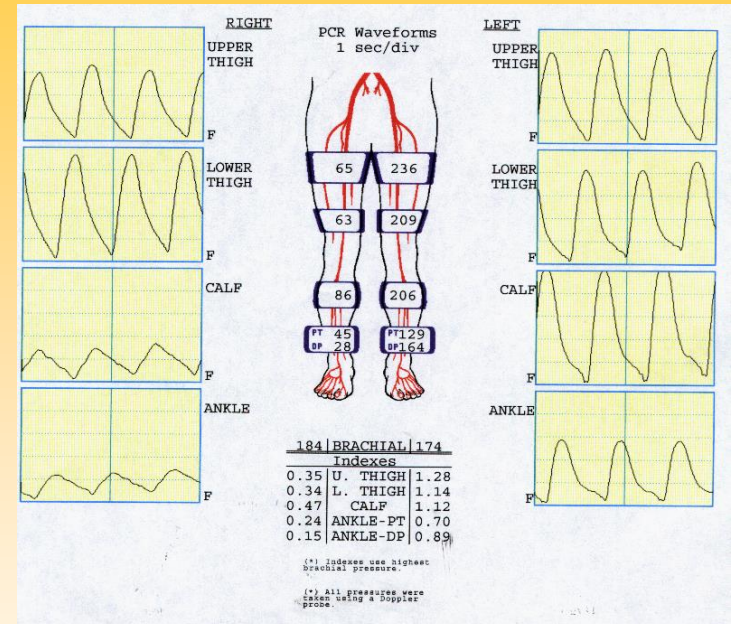
### Case IX

S.S.A  
62 year female  
Insulin  
Ulcer right lateral malleolus  
Not smoker

### Scanner



Ankle/Brachial index  
0.3



Digital severely affected

Transcutaneous O<sub>2</sub>  
83.7 mm Hg

Ankle/Brachial index  
0.8

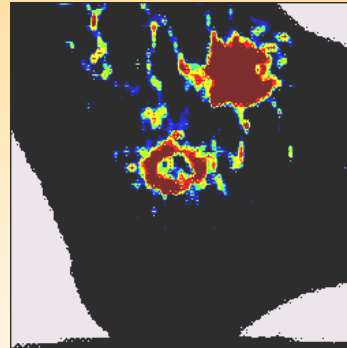
### Post PTA

### Case IX

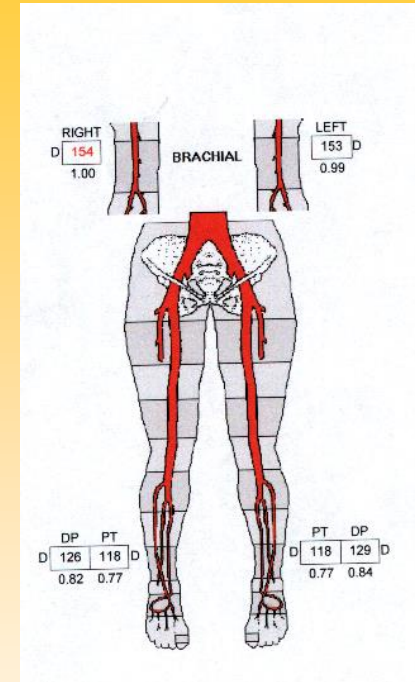
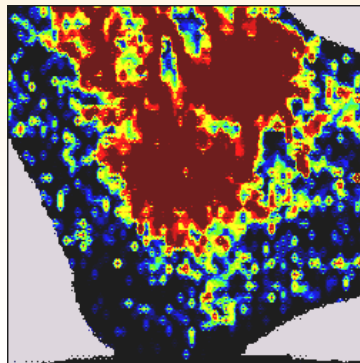
Following PTA  
Of iliac artery

Laser Scanner

Pre



72 hours  
Post



Digital plethysmography  
normal

Transcutaneous O<sub>2</sub>  
103 mm Hg

**Complete healing in 10 days**

## Initial results

Low O<sub>2</sub> (<30 mm Hg) at the edge of the ulcer was associated with **60-70%** incidence of amputation

Poor granulation tissue at the base of the ulcer as detected by Laser Doppler scanning was associated with **50-60%** incidence of amputation

Combine Low O<sub>2</sub> and poor granulation tissue was associated with **80-90%** Incidence of amputation

# Ultrasonic Assisted Wound Treatment

## A NEW MODALITY IN TREATMENT OF DIABETIC FOOT ULCERS

*By*

*Prof. Dr. Mona A. Nashaat*

# Ultrasonic Assisted Wound Treatment (UAW)

using the  
Sonoca 180



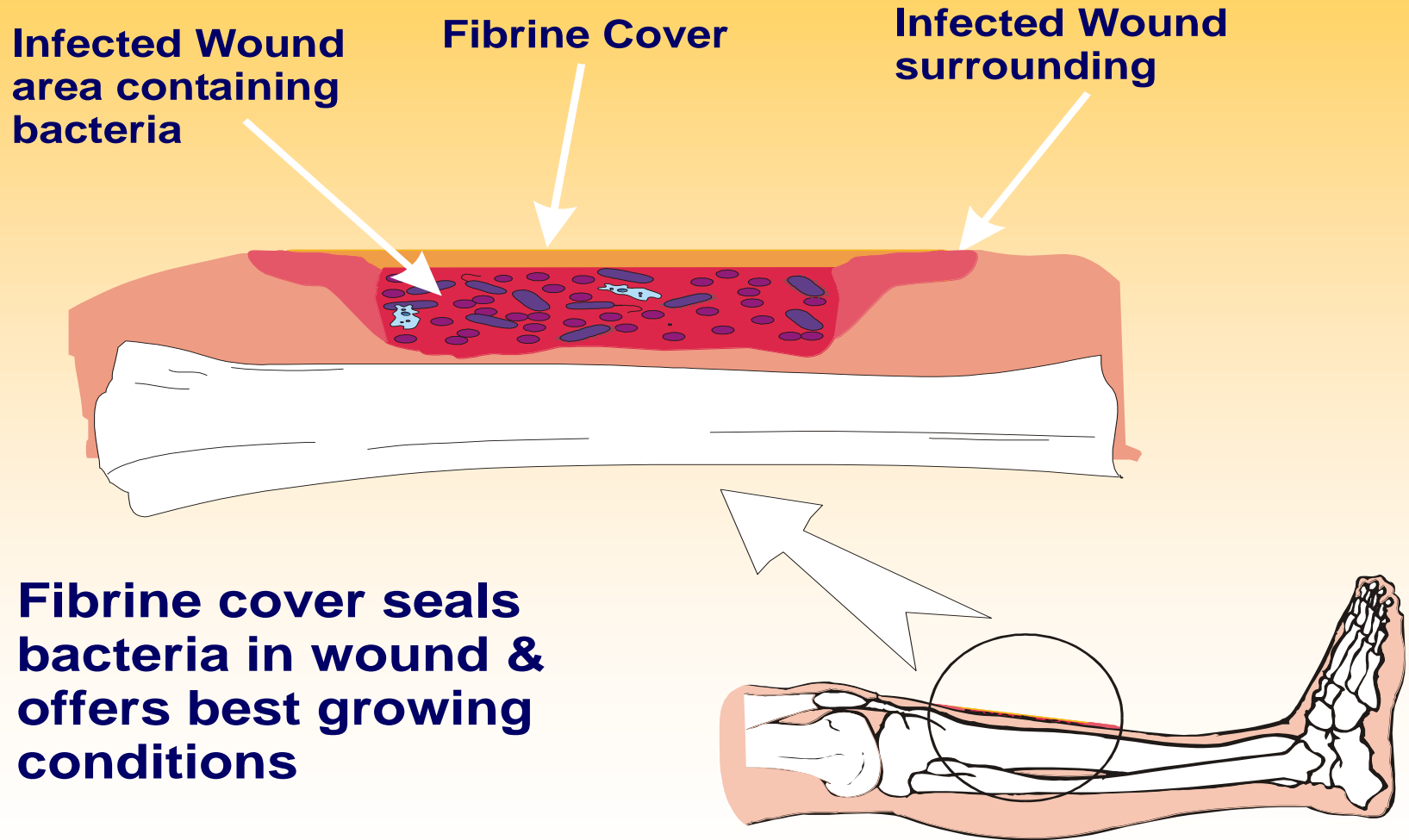
It is new modality used in wound treatment as an alternative to mechanical wound debridement.

**After therapy of the primary  
disease**

**It is used to treat coated, infected  
or partly necrotic wounds**



# Chronic infected wound



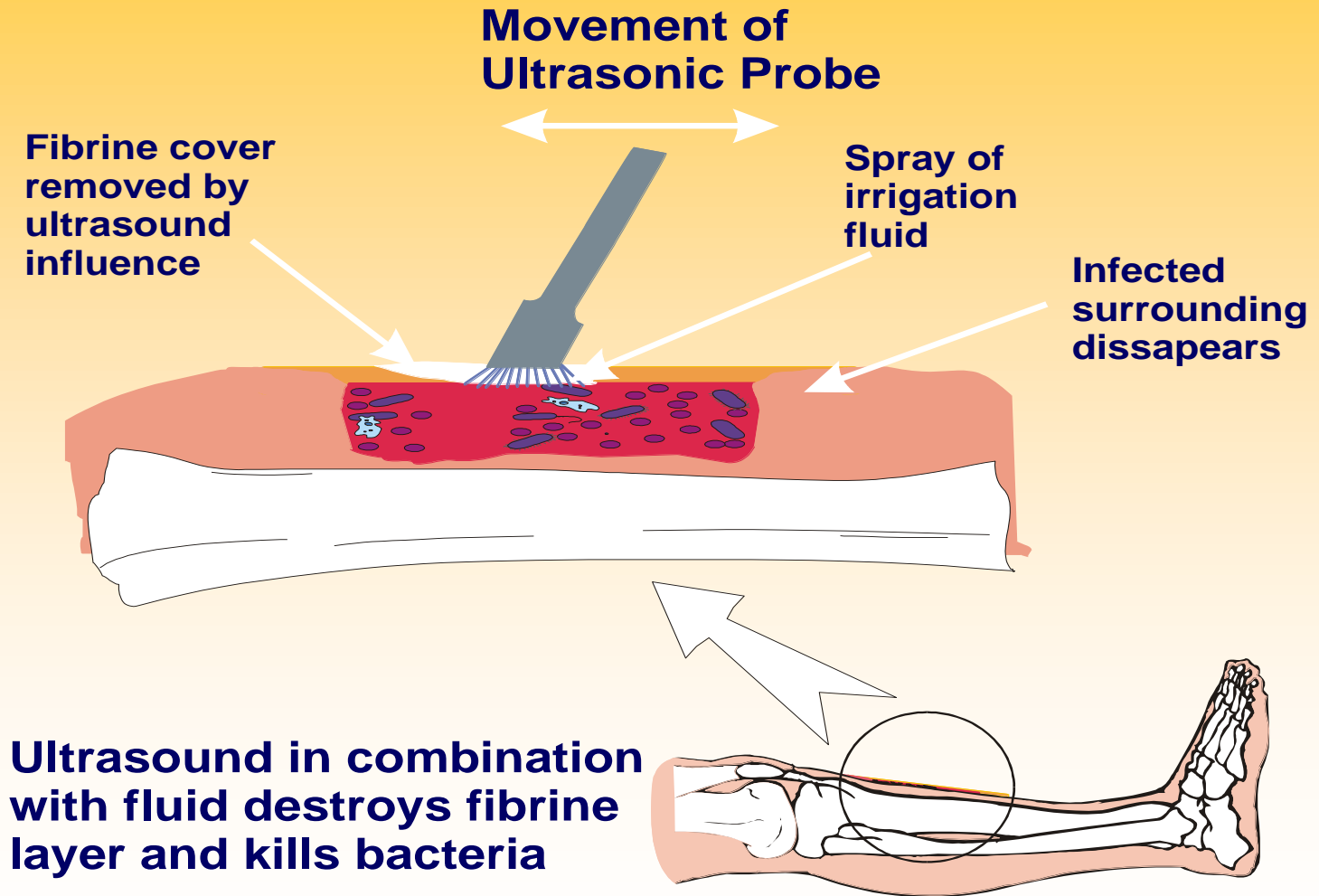
**Infected Wound  
area containing  
bacteria**

**Fibrine Cover**

**Infected Wound  
surrounding**

**Fibrine cover seals  
bacteria in wound &  
offers best growing  
conditions**

# Treatment principle



*Prof. Mona Nashaat*

**UAW** penetrates with high-efficiency in deep cavitations, Where **micro gas bubbles** imploding cyclically



**destruction of bacteria, viruses and fungi**

The ultra-sound pulse  $\longrightarrow$  wound treatment solution **penetrates more deep** into fissures



**mechanical rinsing effects**

- Bacterial remnants are broken down, wound environment turns

**Neutral**



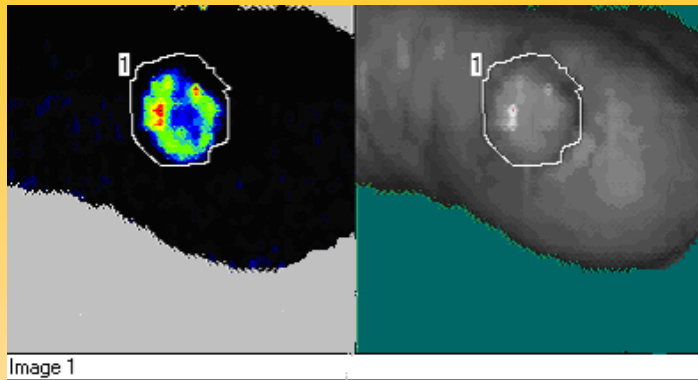
permanently free of pain

heal more quickly

**N.B. : Infected chronic wounds are acidic that induces pain.**

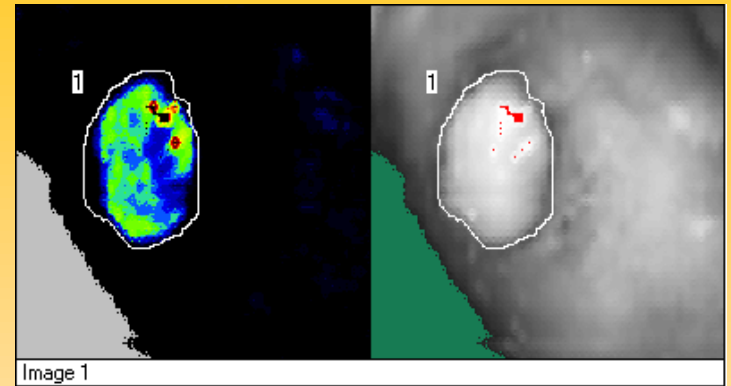
**16 Feb**

Before TT



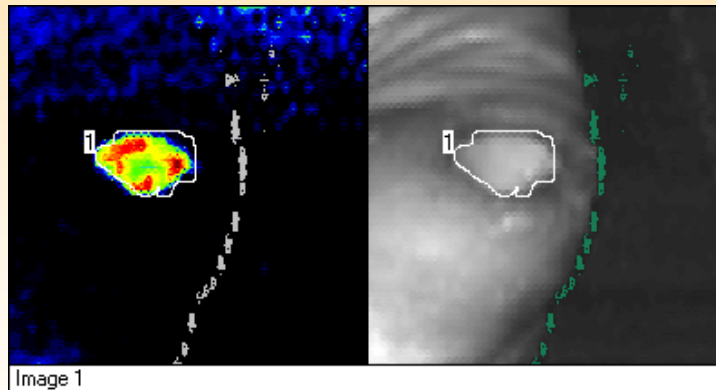
**Mean= 0.77**  
**Std.dev=0.68**  
**Max= 3.21**

Immediate after 1est session

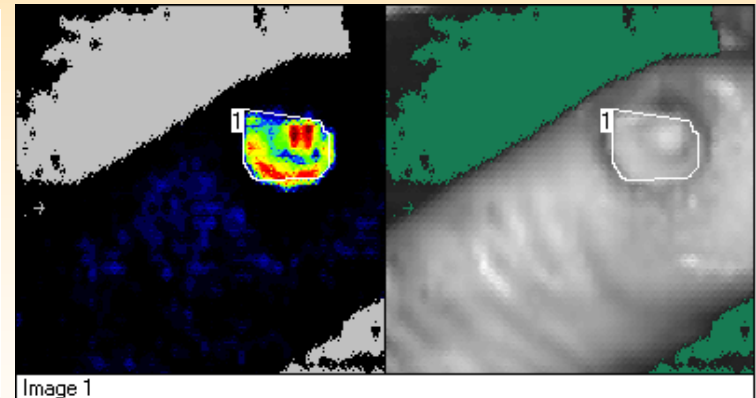


**Mean= 0.92**  
**Std.dev=0.59**  
**Max= 2.16**

**19 Feb**

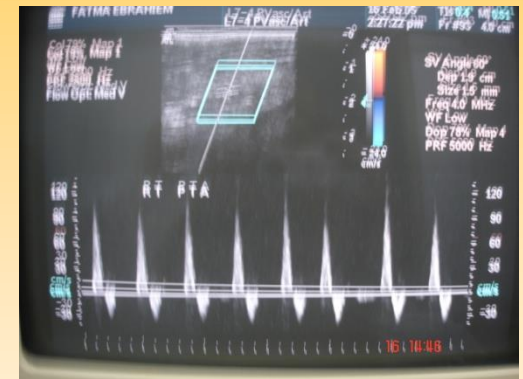
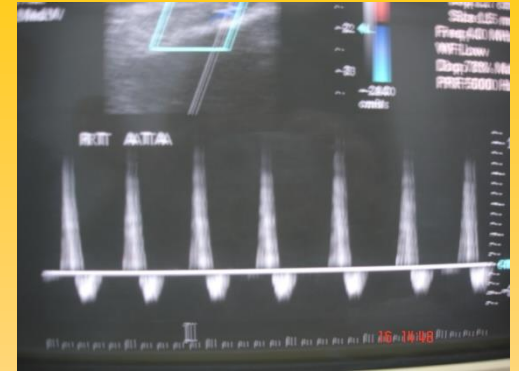


**Mean=1.11**  
**Std.dev= 0.70**  
**Max= 4.81**



**Mean= 1.17**  
**Std.dev=0.58**  
**Max= 2.46**

- F.k. ♀ 42yeras,
- 3m diabetic discovery
- On insulin therapy
- No proper control
- Ulcer on dorsum of right big toe
- resistant to treatment 3months





16 Feb 2005



19 Feb 2005



21 Feb 2005



23 Feb 2005



28 Feb



2 mars 2005



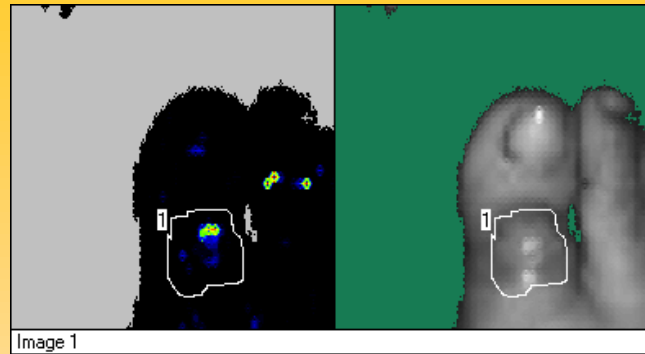
15 mars

Complete closure of the wound after 6 sessions

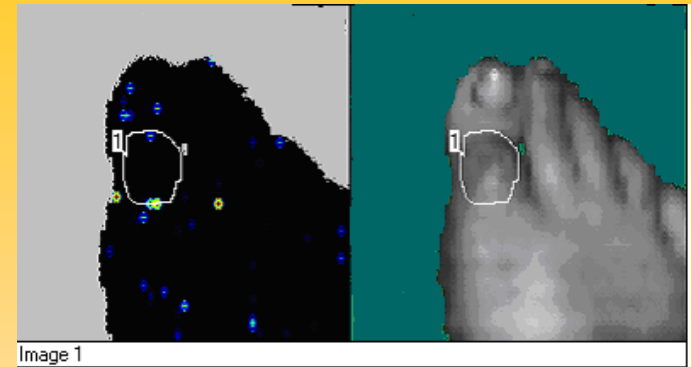
Before TT

Immedially after 1est session

16 Feb. 2005

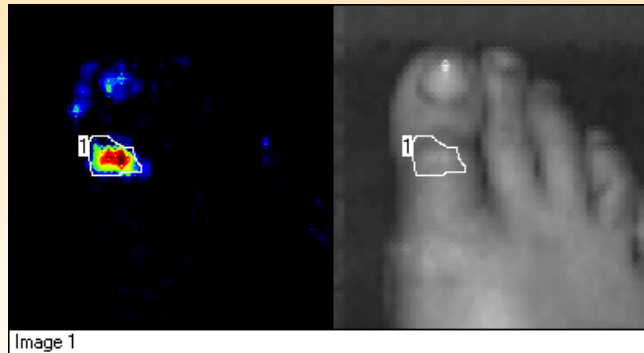


**Mean= 0.4**  
**Std.dev=0.01**  
**Max= 0.66**

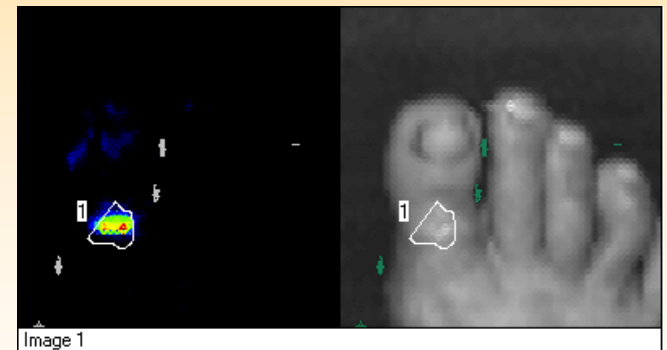


**Mean= 0.01**  
**Std.dev=0.21**  
**Max= 0.21**

19 Feb 2005



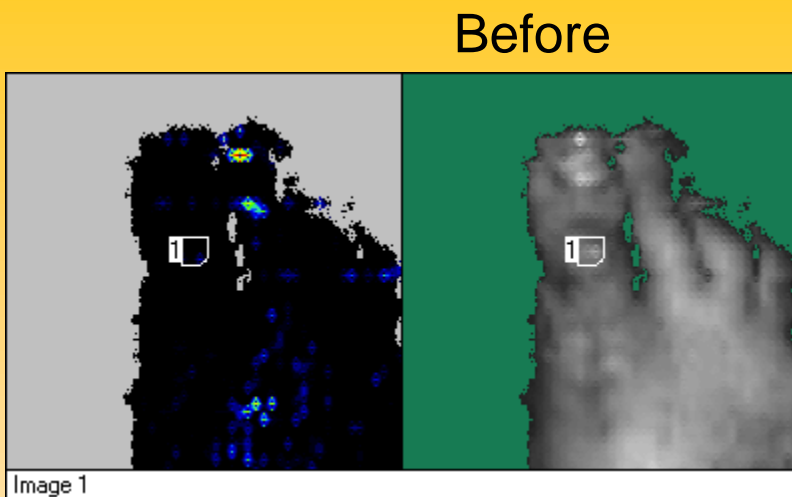
**Mean= 1.46**  
**Std.dev=1.03**  
**Max= 3.42**



**Mean= 0.99**  
**Std.dev=0.95**  
**Max= 3.85**



23 Feb

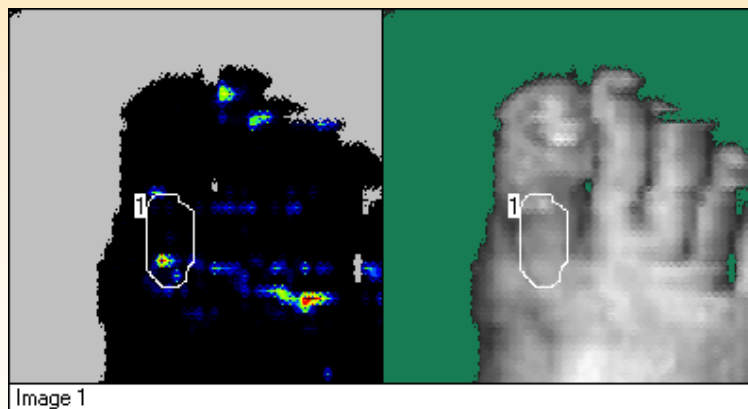


Mean= 0.04  
SD= 0.09  
Max= 0.28



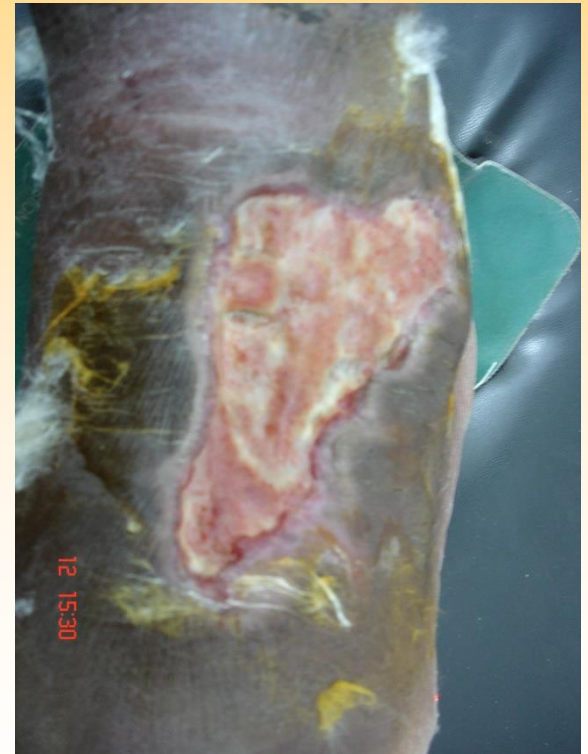
Mean= 0.00  
SD= 0.00  
Max= 0.01

28 Feb



Mean= 0.18  
SD = 0.34  
Max = 2.41

- **S.M.B. ♂ 60 years**
- **Erysipelas of the left L.L. since > 1 year**
- **Surgical debridement the ulcer**
- **Resistant to treatment**





**12 Feb 2005**



**23 Feb 2005**



**28 Feb 2005**



**2 mars 2005**



**7 mars 2005**

*Prof. Mona Nashaat*

# **Data Under evaluation**

**Prolonged follow up for cases with partial healing**

**The role of digital artery affection in the prognosis  
Of diabetic foot**

**The role of neuropathy in the prognosis of diabetic foot**

**The effect of different modalities of conservative therapy  
On the prognosis of diabetic foot**



**Thank You**